

Resources for helping those who are dealing with sexual brokenness

**Pornography: Roots & Recovery PowerPoint** – [www.RedRiverCounseling.net/presentations](http://www.RedRiverCounseling.net/presentations)

**For those struggling with sexual acting out:**

‘Healing the Wounds of Sexual Addiction’ & ‘Faithful and True’ by Mark Laaser

‘Fully Alive’ by Larry Crabb

‘Stop Sex Addiction’ by Milton Magness

**For those who have been sexually abused:**

‘On the Threshold of Hope’ book and workbook by Diane Langberg

**For betrayed spouses:**

‘Facing Heartbreaks’ by Stefanie Carnes

‘Shattered Vows’ by Debra Laaser

**For couples after betrayal:**

‘God, Sex, Chaos’ by Roane and Eva Hunter

‘How to Help Your Spouse Heal After an Affair’ by Linda MacDonald

**For codependency:**

‘Love is a Choice’ book and workbook by Mineth & Meier

‘Codependency No More’ by Melody Beattie

**About Pornography:**

‘Wired for Intimacy: How Pornography Hijacks the Male Brain’ by William Struthers.

‘Treating Pornography Addiction: The Essential Tools for Recovery’ by Kevin Skinner

**Healthy Sexuality/Intimacy in Marriages:**

‘Celebration of Sex’ by Doug Rosenau

‘The Gift of Sex’ by Clifford and Joyce Penner

‘Boundaries in Marriage’ by Cloud and Townsend

‘Sacred Marriage’ by Gary Thomas

‘The Great Sex Rescue’ by Sheila Gregoire

**Healthy Sexuality for Children/Teens:**

‘Talking to Your Kids about Sex’ by Mark Laaser

‘Soul Virgins: Redefining Single Sexuality’ by Doug Rosenau

‘The Story of Me’ by Brenna and Doug Jones (Illustrated for kids at differing ages)

**To use in groups:**

Conquer Series: [www.conquerseries.com](http://www.conquerseries.com), DVD Series

‘Walking Free’ workbook by Troy Hause

PSAP ‘Pastoral Sex Addiction Professional Track’ DVD’s by Dr. Ted Roberts

**Clinics/Intensives:**

[www.onsiteworkshops.com](http://www.onsiteworkshops.com) Onsite, Nashville, TN

[www.bethesdaworkshops.org](http://www.bethesdaworkshops.org) Bethesda, Nashville, TN

[www.pinegrovetreatment.com](http://www.pinegrovetreatment.com) Pine Grove, Hattiesburg, MS

[www.hopequestgroup.org](http://www.hopequestgroup.org) Hope Quest, Woodstock, GA

[www.lifeworksms.com](http://www.lifeworksms.com) Local Intensives for men, women, and couples

[www.redrivercounseling.net](http://www.redrivercounseling.net) Local and national intensives for men and couples

**Groups:**

SAA – Sex Addicts Anonymous (12 step programs worldwide)

Celebrate Recovery – (Explicitly Evangelical Christian ‘12 step program’ held in some churches)

**Online Evaluation-** SAST – Sexual Addiction Screening Test

<https://www.recoveryzone.com/tests/sex-addiction/SAST/index.php>

**Statistics:** [www.covenanteyes.com/pornstats/](http://www.covenanteyes.com/pornstats/)

**Counselor/Pastoral Credentials for treating sexual issues:**

CSAT (Certified Sexual Addictions Therapist) <https://iitap.com/page/csat>

PSAP (Pastoral Sex Addiction Professional) <https://iitap.com/page/PSAP/>

For more information and recommendations, visit [www.RedRiverCounseling.net](http://www.RedRiverCounseling.net)  
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